

SERMON APPLICATION GUIDE

IN CHRIST // THE NEW ME

SERMON OUTLINE

EPHESIANS 4:17-32

FOLLOWING CHRIST MEANS I CONTINUE TO STEP AWAY FROM MY OLD LIFE AND STEP INTO MY NEW LIFE IN CHRIST.

HOW DO I BREAK SIN PATTERNS?

1) CHOOSE TO STOP OLD HABITS

2) REMEMBER WHAT IS TRUE

3) CHOOSE TO START ON NEW HABITS

1. REVIEW

1) READ VERSES 17-19. WHAT DOES PAUL MEAN BY THE PHRASE, "OF FUTILITY OF THEIR MINDS?"

2) IN VERSES 20-24, PAUL DESCRIBES A THREE-FOLD PROCESS FOR US TO FOLLOW IN ORDER TO BREAK SIN PATTERNS. WHAT IS THE THREE-FOLD PROCESS?

3) WHAT DOES PAUL MEAN BY "BE RENEWED IN THE SPIRIT OF YOUR MINDS?"

4) PAUL THEN DESCRIBES WHAT THIS LOOKS LIKE IN A VARIETY OF DIFFERENT CASES IN VERSES 25-29, BUT THEN HE TELLS US TO "NOT GRIEVE THE HOLY SPIRIT" (V.30). HOW CAN WE GRIEVE THE HOLY SPIRIT?

2. ASSESS

1) WHAT IS ONE SPECIFIC SINFUL PATTERN YOU SENSE THE LORD IS WANTING YOU TO PUT OFF IN YOUR DAILY LIFE TODAY?

2) WHAT RIGHT AND/OR GOOD PATTERN CAN YOU PUT ON INSTEAD? (V. 24)

3. APPLY

1) WHAT SCRIPTURE(S) CAN YOU LEARN/MEMORIZE TO HELP YOU DAILY REMEMBER TRUTH AND PUT AWAY THE SIN PATTERN FROM YOUR LIFE?

IF YOU SENSE A SIN PATTERN IN YOUR LIFE IS TOO DEEP AND WOULD LIKE MORE INTENTIONAL COUNSELING AND SPIRITUAL CARE, PLEASE REACH OUT TO US AT INFO@DOXABIBLE.ORG AND REQUEST TO SPEAK WITH SOMEONE FROM OUR BIBLICAL SOUL CARE TEAM.